

Growth Group Reflection Questions—April 18-24

1. Earthquakes...wars...terrorism...street crime...economic recession. Rank them from ##1 to 5 on this "Insecurity Scale," with #5 the most worrisome for the people whom you live, work, and play with.

#1 _____; #2 _____; #3 _____; #4 _____; #5 _____.

2. We learned that feelings of insecurity can really warp a person's personality. (e.g., Worry Warts, Demanding Drill Sergeants, Controlling Commandos, and Angry Avengers). Which one of these alter egos is the most likely to grip *you*, when you feel threatened or afraid?

Follow up: Now answer the same question from the perspective of one of your friends or family members.

3. Now, before you do anything else, please read Hebrews 12:28 for God's unbreakable promise about every believer's super secure future. Let this verse color the rest of your growth group conversation.

4. Is the following equation true or false? "**A Believer + Worry = Sin**"

Discuss in your growth group.

5. We learned that security is found not in *possessions*, but in the *Person* of Jesus. Let's read the description of Jesus found in Colossians 1:15-17, a portrait that emphasizes His majesty and awesome power over all creation. Then identify and discuss the five, fear-banishing facts about Jesus that the passage talks about. Help each other to understand them.

v. 15a _____; v.15b _____; v.16 _____;

v.17a _____; v.17b. _____.

6. We learned from our pastor that secure feelings follow the decision to "*delight*" ourselves in the Lord (Ps. 37:4). Put your heads together and discuss the connection between delighting ourselves in God, and feeling secure?

Bonus question: Read about what Daniel the Prophet did after receiving a death sentence. His amazing composure is recorded in Daniel 6:10. Read it and discover more secrets for feeling secure in insecure times.

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I. What Happens When Insecurity Takes Over.

A. Because Of Insecurity We Can Become **_worry wart**_____

_____.

"All worry is atheism, because it is a lack of trust in God."

Bishop Fulton J. Sheen

Worry weighs a person down . . .

Proverbs 12:25 NLT

B. Because Of Insecurity We Can Become **_demanding drill**

sergeants_____.

Do not lord it over those in your charge, but be examples of the flock.

1 Peter 5:3

Lord = **_to bring someone under one's power, to subdue and to**

master_____

C. Because Of Insecurity We Can Become **_control**

commands_____.

D. Because Of Insecurity We Can Become **_angry**

avengers_____.

Likewise the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole person, sets the whole course of his life on fire, and is itself set on fire by hell.

James 3:5 - 6

II. Four Steps To Finding The Security You Need.

Do not fret because of evil men or be envious of those who do wrong; for like the grass they will soon wither, like green plants they will soon die away. Trust in the Lord and do good; dwell in the land and enjoy safe pasture. Delight yourself in the Lord and he will give you the desires of your heart. Commit your way to the Lord; trust in him and he will do this.

Psalm 37:3 - 5

A. The First Step: Stop Looking Out The Window **_at your**

neighbor_____.

Fret = **_worry that burns with anger, worry that turns into red hot**

rage_____

B. The Second Step: Trust **_in the Lord**_____.

Trust in the Lord and do good.

(v. 3)

Trust = **_to place confidence in, to be secure**

in_____

He who calls you is trustworthy . . .

1 Thessalonians 5:24

C. The Third Step: Delight In **_The**

Lord_____.

Delight = **_be pliable, be soft to move towards the**

Lord_____

D. The Fourth Step: Commit Your Way **_to the**

Lord_____.

Commit your way to the Lord; trust in him and he will do this.

Psalm 37:5

Commit = **_to trust, to move toward and**

connect_____